

APPOINTMENT PREPARATION TOOL

Questions to ask your nephrologist at your next appointment



At your next appointment your doctor will likely do the following things:

- You will likely have been asked to provide blood and possibly urine samples before the appointment. During the appointment, your nephrologist will likely discuss his/her conclusions from the results of your blood and urine tests.
- He/she will ask how you are feeling.
- He/she will likely check your blood pressure.

Here are some questions you may want to ask:

- How do I know if I am drinking enough water?
- Should I tell my GP about my treatment with Pr JINARC® (tolvaptan)?
- How frequent should my appointments be with you, now that I am on JINARC?
- Will there be anything else you will be monitoring or screening, besides blood and urine?
- How will this affect my family planning? Should I speak with a geneticist?
- Can I do any exercise?
- Are there any resources available to patients with ADPKD?

Don't forget to inform your physician about other medications you are taking.

Notes:



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